# BREAKFAST MENU

ALL DAY BREAKFAST

WITH FREE-RANGE EGGS

# ARNOLD'S

2 eggs, 2 strips bacon, 2 ostrich/pork chipolatas, fried tomato, toast & preserves

Early Bird Special available daily until 09:00 50 Vegetarian option available, ask your server for details

## PERI-PERI CHICKEN LIVERS

pan friend in cream, onions and garlic, topped with a poached egg, served with lightly toasted sourdough

## **BREAKFAST BURGER**

english muffin with your choice of beef/ostrich patty, rocket, tomato, fried egg and tabasco hollandaise sauce

## **FARMHOUSE**

2 eggs, 2 strips bacon, 2 ostrich/pork chipolatas, sautéed mushrooms, baked beans, fried tomato, potato rösti toast & preserves

## **BIG EASY**

double up - 4 eggs, 4 rashers bacon, 4 ostrich/pork chipolatas, served with potato rosti, toast & preserves

# **BREAKFAST LITE**

scrambled eggs on an English muffin slice,
drizzled with basil pesto

## **EGGS BENEDICT**

2 perfectly poached eggs on a toasted english muffin topped with hollandaise sauce:

99
99
99
99
40

# IN A BOWL SOUL FOOD

scrambled eggs, crispy potato rösti, topped with grated cheese, toast & preserves:

• bacon	94
sauteed mushrooms	94
chilli mince and guacamole	99

## **BANTING BREAKFAST**

88

93

scrambled eggs, sliced avocado, spring onions

• sauteed mushrooms	/ / 10
• chilli mince	//10
• ostrich steak	11
• smoked salmon	May 14

# **BUTTER CROISSANTS**

filled with rocket and sliced tomato

bacon and scrambled egg	84
spicy guacamole and feta	84
bacon, camembert and spring onion	92
• chilli mince, guacamole & grated cheese	92

## **FLAPJACK STACK**

3 Jack's stacked:

• cinnamon, blueberries, maple syrup	75
chocolate chip, strawberries, choc sauce	80
banana, bacon, maple syrup	85
• plain	62

# **RÖSTI BENEDICT**

spicy guacamole, poached eggs, hollandaise sauce served on crispy potato rösti

#### **ARNOLD'S OMELETTES**

3 egg omelette with grated cheese, served with toast. add from our extra's below:

#### **EXTRA'S** price per item

	2 silces toust, egg, buriaria, fresti/fried torridto,	12
	onion, garlic	
•	chilli, pepperdews, rocket, baked beans, cherry	15
	tomato	

•	feta, cheddar & mozzarella, potato fries, potato	2
	rösti, guacamole	

19	bacon, avocado, masiliodins, pork/ostrich
	chipolatas, chilli mince, baby spinach,
	hollandaise sauce

	noliandaise sauce	
•	breakfast beef/ostrich patty	4
•	smoked salmon, ostrich steak	5

## FRUIT STOP

#### FRESH FRUIT SALAD

seasonal fruit topped with bulgarian yoghurt 75

#### FRUITY CRUNCH

seasonal fruit, muesli, bulgarian yoghurt and maple syrup

# **BAKING TIN**

#### **JUMBO MUFFINS**

freshly baked, ask your server for today's selection

#### CAKE SELECTION

daily mini cake selection, ask your server for today's selection

#### **CHOCOLATE BROWNIES**

served warm with vanilla ice cream

70

opening hours: Monday - Friday 06:30 till late Saturday, Sunday & Public Holidays - 07:00 till late **f** arnoldsrestaurant

arnoldskloof60

y @arnoldsonkloof

60 Kloof Street, Gardens, Cape Town tel: 021 424 4344 manager@arnolds.co.za