LUNCH MENU

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STARTERS & SUUPS	
SOUP OF THE DAY ask your server what the chef has on the boil	65
THAI SPRING ROLLS (V) crispy vegetable spring rolls, sweet chilli sauce	75
SPICY JALAPENO POPPERS (V) stuffed with cream cheese, with yoghurt dip	80
STICKY CHICKEN WINGS grilled and basted – peri-peri or barbeque	82
PERI-PERI CHICKEN LIVERS pan friend in cream, onions and garlic, served with lightly toasted sourdough WILD BERRY CAMEMBERT (V)	85
flash fried crumbed wedges, served with a wild berry sauce	92
SMOKED OSTRICH CARPACCIO served with lemon basil pesto and fresh rocket	110
LIGHT MEALS & PASTA	
CHICKEN CLUB PANINI grilled slices of chicken breast, bacon, tomato,	90

served with lemon basil pesto and fresh rocket	110
LIGHT MEALS & PASTA	
CHICKEN CLUB PANINI grilled slices of chicken breast, bacon, tomato, melted cheese and mayo	90
FISH N CHIPS	95 95
CHICKEN STRIPS flash fried crumbed chicken strips, served with potato wedges	95
BUTTER CHICKEN full flavour, creamy and mild curry with tender chicken, yellow rice & poppadum	45
BOLOGNESE fettuccini smothered in a classic beef bolognese sauce VEGETARIAN FETTUCCINI (V)	98

FRESHLY TOSSED SALADS

	grilled chicken breast slices on crisp cos lettuce, parmesan sprinkles, croutons, boiled egg & caesar dressing	10
5 5 -	ARNOLD'S SALAD crispy bacon, sliced avocado, feta, cherry tomato and mixed peppers, drizzled with homemade dressing over mixed greens	10
2	STRAWBERRY, BUTTERNUT & FETA (V) roasted butternut tossed with feta, strawberries and pumpkin seeds, served with homemade dressing	9
5	THE GREEK (V) tossed mixed greens and herbs with cucumber, tomatoes, feta and olives	8

CHICKEN CVECVD

smoked salmon rolls, fresh avocado slices served on mixed greens with lemon-infused homemade vinaigrette	148	3
BURGERS		
ARNOLD'S STUFFED BURGER gourmet beef patty stuffed with jalapeno, cheddar & feta, topped with bacon and guacamole	135	
CAMEMBERT AND WILD BERRY BURGER (V) flash fried crumbed camembert wheel, wild berry sauce SPRINGBOK BURGER	130)
	130 DBI 130	
The state of the s	DB	
SOTTION DONOLIN	DB	
LITTLE EXTRA'S (PRICE PER ITEM) • onion, garlic, chilli, pepperdews • feta, cheddar & mozzarella, parmesan	15 25	

SEAFOOD, POULTRY & GRILLS

	The state of the s	MARKET .	
CALAMARI STRIPS	flash fried lightly dusted calamari strips served with rice or fries	half full	
WEST COAST MUSSELS	in a creamy garlic & white wine sauce served with fries	half full	115 195
CHICKEN SCHNITZEL	crumbed chicken breasts topped with melted cheese and mushroom soya sauce, served with fries	n &	145
OSTRICH STEAK	200g tender and lean, with potato wedges & green peppercorn sauce		198
GRILLED WARTHOG RIBS	smoked ribs, flame grilled and lightly basted, served with fries	500G 750G	
RIBS & WINGS	basted warthog ribs and grilled chicken wings, served with potato wedges		215
BEEF FILLET ON MUSHROOM	grilled fillet and mushrooms, topped with rocket, feta, sun-dried tomato, fresh basil pesto, served or creamy mashed potato	150G 250G	
BEEF SIRLOIN	served with vegetables, potato wedges or a side salad	150G 250G	
BEEF FILLET	served with vegetables, potato		

wedges or a side salad

DELICIOUS DESSERTS

M	INI	CA	KES
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daily cake selection, ask your server for today's selection

CHOCOLATE BROWNIES

served warm with vanilla ice cream

BAKED CHEESECAKE

biscuit based, served with wild berry coulis or rich chocolate sauce

opening hours:

Monday - Friday 06:30 till late Saturday, Sunday & Public Holidays - 07:00 till late

fettuccini tossed with mushrooms, olives, baby

marrow, tomato in a creamy basil pesto sauce

add chicken strips @ R28 add bacon @ R28

f arnoldsrestaurant @ arnoldskloof60

• bacon, avocado, guacamole, mushrooms

• pepper sauce, mushroom sauce

@arnoldsonkloof





150G 215 250G 255

70